



WCU DEPARTMENTAL/TEAM MEETING STARTER #4

Topic: Goal Achievement

Objectives:

- Learn the 10 rules for achieving success through effective planning and execution of goals.
- Assess participants' current effectiveness in using these goal setting strategies.
- Identify ways to strengthen participants' use of these rules.

PURCHASE Gary Ryan Blair's book (*optional*)

<http://store.simpletruths.com/goals-the-10-rules-for-achieving-success-with-free-dvd-p2876.aspx>

INDIVIDUALLY

STEP ONE: **WATCH** the 3:27 minute "Goals" video.

<http://play.simpletruths.com/movie/10-rules-for-success/>

STEP TWO: On a scale from 1 (Very poor) to 10 (highly effective), assess your perceived effectiveness in the following areas:

Be Decisive Stay Focused Write Down Your Goals Plan Thoroughly
 Involve Others Welcome Failure Take Purposeful Action
 Inspect What You Expect Reward Yourself Maintain Personal Integrity

Scoring: 1-20: Critically Low 21-49: Below Average 50-69: Average 70-90: Above Average 91-100: Role Model

STEP THREE: Individually brainstorm and strategize possible next steps.

My Perceived Strengths:

Desired Improvements:

My Actions:

Support Needed from Others:

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STEP THREE: Start by establishing behavior guidelines, expectations for participation, and timeline for each share so there is time for discussion.

STEP FOUR: Openly discuss as a department/team participants' responses in steps 2 and 3, with particular attention to how the department/team can support one another.

QUESTIONS? Contact the WCU HR Office of Training and Org Development at orgdev@wcupa.edu.