

# DIVISION OF STUDENT AFFAIRS

West Chester University of Pennsylvania

## **Shake and Stir Follow Up**

### **Consent is Sexy**

Office of Wellness Education

Prepared by Sherry Mendez, Wellness Educator

***Type of Assessment:***

Learning Outcomes Assessment

***Dates of Administration:***

November 20, 2013

***Audience/Group Assessed:***

Kappa Delta Rho and Sigma Pi  
Fraternity members (22 students total)

#### **ASSESSMENT PROJECT OVERVIEW**

The Consent is Sexy Presentation aims to increase student understanding of the importance of consent when engaging in sexual activities. This is done by defining consent and non-consent, clarifying when consent needs to be obtained, and addressing issues around consent and coercion. Additionally, the presentation seeks to increase students' comfort level in obtaining consent and discussing intentions and desires with sexual partners. Students completed a paper survey immediately following the one hour presentation.

***Learning Outcomes Assessed:***

As a result of attending the Consent is Sexy workshop:

- Students will accurately describe consent.
- Students will demonstrate an increased understanding of the role of communication when obtaining consent.
- Students will recognize the differences between verbal and non-verbal consent.
- Students will correctly identify coercion in a sexual situation.

***Student Affairs Learning Outcomes:***

1. Use critical, reflective and analytical thinking in decision-making and reasoning;
2. Respond thoughtfully to social responsibly and diversity;
5. Develop, enhance, clarify, and communicate one's personal and professional values, ethics, and integrity;
6. Display the ability to integrate and apply knowledge, ideas, and experiences to one's daily life;

#### **SUMMARY OF RESULTS & KEY FINDINGS**

*When describing consent, students stated the following:*

- 95.45% were able to identify that sex without consent is considered sexual assault.
- 95.45% stated that a person who is under the influence of drugs or alcohol, asleep, or "out of it" cannot give consent.
- 0% agreed with the statement "If a person says nothing that means they give their consent."
  - *This was a false statement.*
- 86.36% agreed that consent cannot be assumed, even if in a relationship.
- 95.45% indicated that "If I want to move to the next step of a sexual encounter, I need to get consent every step of the way."

*Students identified the following as non-verbal non-consent behaviors:*

- 55.00%- Person enthusiastically shakes head "yes"
- 65.00%- Person lies still-*actual non-verbal non-consent behavior*

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- 45.00%- Person giggles nervously- *actual non-verbal non-consent behavior*
- 30.00%- Person pulls you closer and kisses you

### *Other outcomes assessed:*

- 72.73% stated that a person cannot be coerced into giving consent.
- 100% of program participants stated that they were either very comfortable (81.82%) or moderately comfortable (18.18%) in communicating desired sexual activity with a partner.

### **LESSONS LEARNED & ACTION STEPS**

Through their participation in the Shake and Stir follow up program Consent is Sexy, members of Kappa Delta Rho and Pi Kappa Alpha gained more knowledge about the importance of consent and gained confidence in discussing intentions and desires with sexual partners. They were able to correctly describe consent, identify at least one non-verbal non-consent behavior, and recognize that consent cannot be coerced. To further meet desired program outcomes, the following action steps will be taken:

1. It was noted that the response rate dropped slightly after question 8 suggesting that questions on the reverse side of the assessment may have been missed. For future programs, the program facilitators will notify program participants that assessment is double sided. Additionally, the assessments have all been updated to indicate that there are additional questions are on the reverse side.
2. Additional information will be provided during future programming to further clarify non-verbal non-consent behaviors and the role of coercion in obtaining consent.
3. The presentation will continue to be marketed to other fraternities on campus.