



CAREER- READY

TIPS AND TRICKS FROM
INDUSTRY PROFESSIONALS
SIMPLE WAYS YOU CAN BE CAREER-READY
RECOMMENDATIONS
FROM THE COLLEGE OF THE
SCIENCES AND MATHEMATICS
ADVISORY BOARD



LEARN



GROW



EARN

RAM

P PURSUE **YOUR** PASSION

Ask yourself...

DO I HAVE THE
SKILLS
NECESSARY TO WORK
IN THIS FIELD?

WHAT MAKES ME
HAPPY
AND SELF-FULFILLED?

DO I HAVE THE
PERSEVERANCE
TO OBTAIN THE SKILLS
THAT I NEED?



In your four years of college, you are surrounded by thousands of classmates and tendencies are to fall in line with everyone else. Many of your classmates aren't pursuing their passion. They may simply be waiting to see what happens after getting their degree. Instead of doing "what everyone else does," get involved, pursue your interests. The more you experience (friends, teachers, classes, clubs, books, employment, travel), the greater the likelihood you will find an interest which could turn into a passion. Your "free" time is invaluable; Spend it cultivating your interests.

**"IF YOU DO WHAT
EVERYONE
ELSE DOES,
YOU ARE GOING
TO GET WHAT
EVERYONE
ELSE GETS."**

Ron Wolforth

Former University of
Nebraska Baseball Coach

WCU Resources



SCAN ME

Success Coaching

Success Coaches work with you to develop practical strategies on a range of topics, including time management and college adjustment.



SCAN ME

RamConnect

Your one-stop-shop for campus involvement. Join new organizations, take part in group discussions and posts, and find events happening on campus.

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I'VE LEARNED THAT PEOPLE WILL FORGET WHAT YOU SAID,
PEOPLE WILL FORGET WHAT YOU DID,
BUT PEOPLE WILL NEVER FORGET
HOW YOU MADE THEM FEEL.

— MAYA ANGELOU

RESPECT OTHERS



SMALL

gestures
can make

A BIG

difference

Recommended Reading



DEALING WITH PEOPLE YOU CAN'T STAND:
HOW TO BRING OUT
THE BEST
IN PEOPLE AT THEIR WORST
BY R. BRINKMAN & R. KIRSCHNER

THERE WILL BE TIMES WHEN YOU HAVE TO
WORK WITH CHALLENGING PERSONALITIES.
IT CAN HELP TO FIND
ONE SIMPLE THING THAT
YOU CAN DO EVERY DAY, EVEN
IF IT'S JUST A **SMILE**
OR SAYING "GOOD MORNING."



WCU Resources

Center for Contemplative Studies

Located in the Ehinger Office Annex, the Center for Contemplative Studies offers programs in contemplative practices, such as yoga and mindfulness meditation.



SCAN ME

Counseling and Psychological Services

Be kind to yourself. If you are experiencing sadness, stress, or anxiety, WCU's Counseling Center offers many services, such as individual consultations about personal problems, group meetings, and help with substance abuse.



SCAN ME

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Be ready to...

Demonstrate where your talents and skills **match** the **position** and the organization's **mission**

Describe your leadership and teamwork experience with **specific** examples

Tell your story! Why did you select your field? What excites you about your area of expertise?

INFLUENCE

Be sure that...

Every team member understands **what** tasks they are responsible for and **who** they are accountable to

Every member of the team gets **heard** and every team member **listens**



Be able to...

Explain your area of expertise in the fields of the sciences and mathematics

Have in-depth technical discussions with peers, but also be able to simplify your message for a general audience

Hone your skills by giving presentations or practice by explaining to friends and family



WCU Resources



SCAN ME

Twardowski Career Development Center

Offers many resources to help you attain your career goals, including in-person mock interviews.



SCAN ME

Leadership Resource Center (LRC)

Located in Sykes 218, the LRC is equipped with a library of books and materials with themes ranging from positive thinking to team building.

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Diversity can range from people of varying gender, age, religion, race, ethnicity, cultural background, sexual orientation, religion, languages, education, and abilities to the diversity of thought processes and habits.

You will work with ALL types of people with MANY diverse thought processes.



IVERSITY



Give this podcast a listen:

Fresh Air with Terry Gross

features interviews with
guests from all walks of life

Get outside of your comfort zone.
Take a class outside of your major.
Join a club where there are people
that you don't already know.

Seek out volunteering or service learning opportunities,
such as Habitat for Humanity or the International Student
Association.

Prepare before a meeting.
Know how to pronounce people's
names correctly.
Simple things, like learning a few
foreign words or how to properly
exchange business cards in other
countries, can go a long way.

WCU Resources



SCAN ME

Dowdy Multicultural Center

Located on the ground floor of the Sykes Student Union, the Dowdy Multicultural Center offers multicultural programs and resources.



SCAN ME

Center for International Programs (CIP)

Located at 320 Mitchell Hall, CIP provides information on study abroad, courses with international components, and service opportunities.

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You have learned the technical specialties of your field.

**THAT KNOWLEDGE
IS NOT STATIC.**

You will continue to learn new and emerging information. As you continue to learn and grow, there are times when you may struggle.

Endurance, problem-solving, learning to embrace challenges, and being able to see the big picture are skills that will help you to succeed during challenging times.



NDURANCE

HAVE THE ABILITY TO PROBLEM SOLVE

**PRACTICE LIFELONG
LEARNING**



**PERSEVERE THROUGH
CHANGE**



**BE WILLING TO BE
FLEXIBLE**



**FOCUS ON LONG-TERM
GOALS**



RESILIENCE



WCU Resources



Handshake

WCU's one-stop career management system for all jobs, internships, and career resources.



Ram Nation

A powerful mentoring platform that helps you build connections with alumni, faculty, and staff.

RAM

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PURSUE YOUR PASSION

You will be ready for the career of a lifetime if the work that you do makes you feel self-fulfilled.

R

RESPECT THOSE AROUND YOU

You don't always get to choose who you work with. Being respectful and kind to others makes for smoother working relationships.

I

INFLUENCE OTHERS EFFECTIVELY

Interviewing, networking, and working on teams all require communication skills.

D

DISCOVER & EMBRACE DIVERSITY

Top businesses think inclusively and globally. The ability to embrace diversity is a critical skill.

E

ENDURE THROUGH CHANGE

Companies need more than your degree. They need you to seek solutions when you are presented with a challenge.