

CAREER-READY

TIPS AND TRICKS FROM INDUSTRY PROFESSIONALS SIMPLE WAYS YOU CAN BE CAREER-READY RECOMMENDATIONS FROM THE COLLEGE OF THE SCIENCES AND MATHEMATICS ADVISORY BOARD







RAM

I URSUE YOUR PASSION

Ask yourself...

DO I HAVE THE

NECESSARY TO WORK

IN THIS FIELD?

WHAT MAKES ME

AND SELF-FULFILLED?

DO I HAVE THE PERSEVERANCE TO OBTAIN THE SKILL THAT I NEED?



In your four years of college, you are surrounded by thousands of classmates and tendencies are to fall in line with everyone else. Many of your classmates aren't pursuing their passion. They may simply be waiting to see what happens after getting their degree. Instead of doing "what everyone else does," get involved, pursue your interests. The more you experience (friends, teachers, classes, clubs, books, employment, travel), the greater the likelihood you will find an interest which could turn into a passion. Your "free" time is invaluable; Spend it cultivating your interests.

"IF YOU DO WHAT EVERYONE ELSE DOES, YOU ARE GOING TO GET WHAT EVERYONE ELSE GETS."

Ron Wolforth

Former University of Nebraska Baseball Coach

WCU Resources



Success Coaching

Success Coaches work with you to develop practical strategies on a range of topics, including time management and college adjustment.



RamConnect

Your one-stop-shop for campus involvement. Join new organizations, take part in group discussions and posts, and find events happening on campus.

RAI

I'VE LEARNED THAT PEOPLE WILL FORGET WHAT YOU SAID,
PEOPLE WILL FORGET WHAT YOU DID,
BUT PEOPLE WILL NEVER FORGET
HOW YOU MADE THEM FEEL.

— MAYA ANGELOU

ESPECTOTHERS



SMALL
gestures
can make
A BIG
difference

Recommended Reading

DEALING WITH PEOPLE YOU CAN'T STAND:

HOW TO BRING OUT

THE BEST

IN PEOPLE AT THEIR WORST BY R. BRINKMAN & R. KIRSCHNER THERE WILL BE TIMES WHEN YOU HAVE TO WORK WITH CHALLENGING PERSONALITIES.

IT CAN HELP TO FIND ONE SIMPLE THING THAT YOU CAN DO EVERY DAY, EVEN IF IT'S JUST A SMILE OR SAYING "GOOD MORNING."



WCU Resources

Center for Contemplative Studies



Located in the Ehinger Office Annex, the Center for Contemplative Studies offers programs in contemplative practices, such as yoga and mindfulness meditation.

Counseling and Psychological Services



Be kind to yourself. If you are experiencing sadness, stress, or anxiety, WCU's Counseling Center offers many services, such as individual consultations about personal problems, group meetings, and help with substance abuse.

RAM

Be ready to...

Demonstrate where your talents and skills match the position and the organization's mission

Describe your leadership and teamwork experience with specific examples

Tell your story! Why did you select your field? What excites you about your area of expertise?

NFLUENCE

Be sure that...

Every team member understands what tasks they are responsible for and who they are

accountable to

Every member of the team gets heard and every team member listens



Be able to...

Explain your area of expertise in the fields of the sciences and mathematics

Have in-depth technical discussions with peers, but also be able to simplify your message for a general audience

cal s, nplify eneral

Hone your skills by giving presentations or practice by explaining to friends and family

WCU Resources



Twardowski Career Development Center Offers many resources to help you attain your career goals, including in-person mock interviews.



Leadership Resource Center (LRC)

Located in Sykes 218, the LRC is equipped with a library of books and materials with themes ranging from positive thinking to team building.

RAM

Diversity can range from people of varying gender, age, religion, race, ethnicity, cultural background, sexual orientation, religion, languages, education, and abilities to the diversity of thought processes and habits.

You will work with ALL types of people with MANY diverse thought processes.



IWERSITY

Fresh Air with Terry Gross
features interviews with
guests from all walks of life

Get outside of your comfort zone.

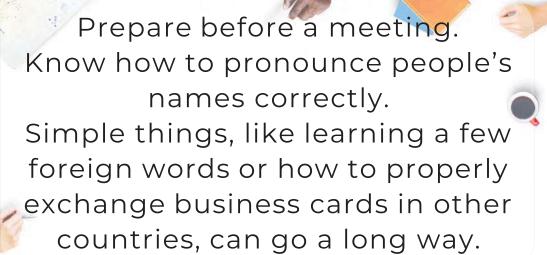
Take a class outside of your major.

Join a club where there are people

that you don't already know.

Seek out volunteering or service learning opportunities,

Seek out volunteering or service learning opportunities, such as Habitat for Humanity or the International Student Association.



WCU Resources



Dowdy Multicultural Center

Located on the ground floor of the Sykes Student Union, the Dowdy Multicultural Center offers multicultural programs and resources.



Center for International Programs (CIP)

Located at 320 Mitchell Hall, CIP provides information on study abroad, courses with international components, and service opportunities.

You have learned the technical specialties of your field.

THAT KNOWLEDGE IS NOT STATIC.

You will continue to learn new and emerging information. As you continue to learn and grow, there are times when you may struggle.

Endurance, problem-solving, learning to embrace challenges, and being able to see the big picture are skills that will help you to succeed during challenging times.



HAVE THE ABILITY TO PROBLEM SOLVE

PRACTICE LIFELONG
LEARNING



PERSEVERE THROUGH
CHANGE

BE WILLING TO BE FLEXIBLE

FOCUS ON LONG-TERM GOALS



WCU Resources



Handshake

WCU's one-stop career management system for all jobs, internships, and career resources.



Ram Nation

A powerful mentoring platform that helps you build connections with alumni, faculty, and staff.



PURSUE YOUR PASSION

You will be ready for the career of a lifetime if the work that you do makes you feel self-fulfilled.

RESPECT THOSE AROUND YOU

You don't always get to choose who you work with. Being respectful and kind to others makes for smoother working relationships.

INFLUENCE OTHERS EFFECTIVELY

Interviewing, networking, and working on teams all require communication skills.

DISCOVER & EMBRACE DIVERSITY

Top businesses think inclusively and globally. The ability to embrace diversity is a critical skill.

ENDURE THROUGH CHANGE

Companies need more than your degree. They need you to seek solutions when you are presented with a challenge.