



# UNIVERSITY of HEALTH & WELLNESS

## June 2, 2016 1pm - 5pm

COME AND ENJOY THIS DAY OF INFORMATION, FUN, REFRESHMENTS  
AND THE FELLOWSHIP OF THE OTHER ATTENDEES. EASY AND FREE PARKING,  
ALL EXHIBITS ON ONE FLOOR AND WHEELCHAIR ACCESSIBLE.

**Location: Westminster Presbyterian Church**  
10 West Pleasant Grove, West Chester, PA

The University of Health and Wellness has been designed to provide you with health screenings and information regarding services available to you, and how to find and access those services.

### EXPERTS WILL BE AVAILABLE TO DISCUSS:

- Chester County Dept. of Aging – (Overview of Services)
- Senior Centers in Chester County
- Vision & Macular Degeneration
- Dental Information and Awareness
- APPRISE Program (Medicare and Medicaid Counseling)
- Diet and Diet Planning
- Affordable Housing
- Emergency Preparedness

### HEALTH SCREENING SESSIONS INCLUDE:

- Hearing Loss Clinic
- Memory Clinic
- Oral Cancer Screening
- Health Screenings Clinic by the C. C. Health Dept.
  - Blood Pressure Screening
  - Hydration Screening
  - Fall Risk Screening
  - Shingles Vaccine Clinic

ALSO INFORMATION REGARDING...Durable Medical Equipment, Handyman Services for Seniors and Much...Much...More

By Attending These Sessions at the University of Health and Wellness, you will be on Your Way to Becoming an Informed Expert in the Field of Aging

Rover will provide transportation to and from this event for a \$1.00 fee each way for those who are age 60+. Please register with Rover by calling 610-594-3911 or toll free 877-873-8415.

Sponsored by



Call to Register for the  
**SHINGLES VACCINE CLINIC**  
610-344-6035

