



Introduction to Motivational Interviewing

Frank Angelini, Ph.D.

February 1, 2019

Description

The workshop will introduce Motivational Interviewing with lecture, videos and activities designed to enhance learning.

Objectives

At the conclusion of the training, participants will be able to:

- Define Motivational Interviewing
- Describe the Righting Reflex and how to utilize it to motivate ambivalent individuals
- Identify and describe the four processes of Motivational Interviewing
- Demonstrate key techniques of Motivational Interviewing
- Identify additional training opportunities for Motivational Interviewing

Target audience

This is an introductory course on Motivational Interviewing. Participants will gain a better understanding of the principles and practices underlying motivational interviewing. It is intended for any professional who would like to learn how to work more effectively with clients to increase motivation for change.

Dr. Angelini, Ph.D. is the Clinical Team Leader in the Outpatient Substance Abuse Treatment Clinic at the Coatesville VAMC in Coatesville, PA. Dr. Angelini is also a certified trainer of Motivational Interviewing for the Department of Veterans Affairs and member of the Motivational Interviewing Network of Trainers (MINT).

Continuing Education

Six and one-half (6.5) CE credits will be awarded to participants who attend the entire program. Partial credit will not be awarded. WCU Community Mental Health Services is approved by the American Psychological Association to sponsor continuing education for psychologists.

West Chester University has been designated as a pre-approved provider of professional continuing education (Section 47.36 (a)(1)) for LSW and LCSW social workers, (Section 48.36(a)(1)) for LMFT, Licensed Marriage & Family Therapists, and (Section 49.23(a)(1) for LPC, Licensed Professional Counselors by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors.

*WCU Community Mental Health Services maintains responsibility for this program and its content.

Please register online at:

wcu-community-mental-health-services.ticketleap.com/mi/

or call 610-436-2510

Cost:

\$100

Cost includes coffee, light breakfast, and lunch

Schedule:

8:00 A.M. - 8:30 A.M. - Registration

8:30 A.M. - 4:30 P.M. - Presentation

Location:

State of Delaware
Multipurpose Facility
1825 Faulkland Road
Wilmington, DE 19805

No conflict of interest has been identified. WCU Community Mental Health Services has received no commercial support for this program.