
FREE WORKSHOPS



Thursdays, September 20 and 27

4:30 – 5:30pm

**Location: WCU Community Mental Health Services
Wayne Hall, 8th Floor**

**Dates: September 20: Medication and Mental Health
September 27: Stress Management**

To Register:

Sign up at CMHS front desk or

Call 610-436-2510 or

E-mail cmhs@wcupa.edu

by September 15, 2018

Sponsored by

WCU Community Mental Health Services and the WCU Nursing Department

**WCU Community Mental Health Services
125 West Rosedale Avenue, West Chester, PA 19383**