Fall Feels: What's Your Autumn Energy? 🍂

Cozy & Caffeinated, one Chai Latte at a time!!

Hanging on by the string of my hoodie

Spooky, ready for Halloween

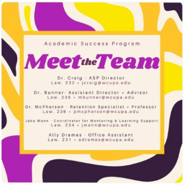
Impatiently waiting for Thanksgiving Break!!

Loading...

Voting ends in 29 days

Votes are anonymous but results are public

FALL ADVISING REMINDERS 🚩


Academic Success Program

Meet the Team

Dr. Craig - ASP Director
Law. 232 • jcraig@wcupa.edu

Dr. Bunner- Assistant Director • Advisor
Law. 235 • mbunner@wcupa.edu

Dr. McPherson - Retention Specialist • Professor
Law. 236 • pmcpherson@wcupa.edu

Jake Mann - Coordinator for Mentoring & Learning Support
Law. 234 • jmann@wcupa.edu

Ally Drames - Office Assistant
Law. 231 • adrames@wcupa.edu

Schedule Your Advising Appointment NOW!
Dr. Craig:
BOOK A MEETING
Dr. Bunner:
BOOK A MEETING
Dr. McPherson:
BOOK A MEETING
Jake Mann - Learning Support:
BOOK A MEETING

Come to your meeting prepared to discuss your current classes, major interest(s), ideas for possible spring classes, and any questions.

Heads-up: Winter & Spring 2026 Registration dates!
October 6

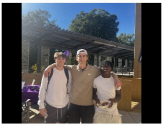
- Priority Registration begins (First-Year ASP students….that's you!!)
- This means you can register for spring classes beginning on October 6 or any time thereafter.
- **If you can't meet with your advisor until after October 6, it's going to be okay!** If you can register for classes prior to your advising meeting, you'll review your schedule and fix any mistakes you make during your advising meeting.

You will schedule your own spring classes through RamPortal!

- The **Registration Dates** card on your RamPortal home page tells you the day/time you can begin registering.
- Check out the RamPortal instructions for how to Register for Classes.
- You can also view all Student RamPortal Tutorials.

Registering for Classes in RamPortal – Your Peer Assistants are here to help!
Drop-in Hours: Thru 2 PM - 5 PM, Fri 9 AM - 12 PM

THANKS FOR COMING TO THE ASP WELCOME BACK!

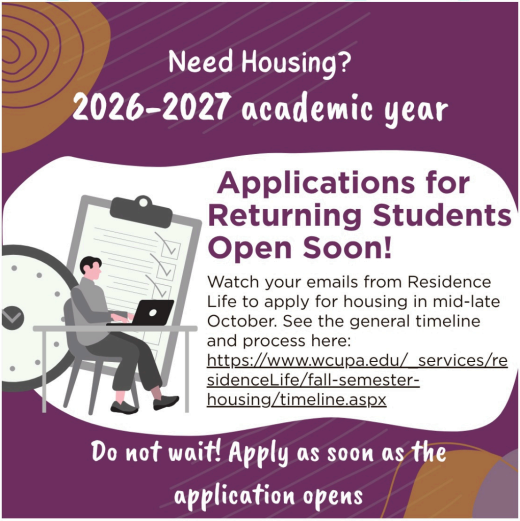


KEEP SCROLLING TO SEE WHAT OTHER EVENTS WE HAVE PLANNED FOR YOU!

📆 Attention: Important Reminders 📆 (Click images for MORE)

The 2026-27 FAFSA® form is

LIVE



Need Housing?

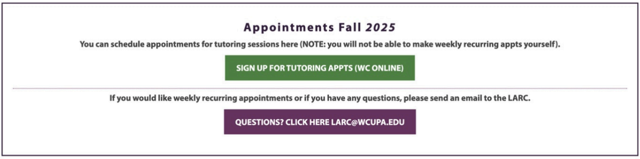
2026-2027 academic year

Applications for Returning Students Open Soon!

Watch your emails from Residence Life to apply for housing in mid-late October. See the general timeline and process here: https://www.wcupa.edu/_services/residenceLife/fall-semester-housing/timeline.aspx

Do not wait! Apply as soon as the application opens

Preparing for Midterms? Click Photo Below to Sign up for Tutoring with LARC!



Appointments Fall *2025*

You can schedule appointments for tutoring sessions here (NOTE: you will not be able to make weekly recurring appts yourself).

SIGN UP FOR TUTORING APPTS (WC ONLINE)

If you would like weekly recurring appointments or if you have any questions, please send an email to the LARC.

QUESTIONS? CLICK HERE LARC@WCUPA.EDU

LEARNING ASSISTANCE & RESOURCE CENTER

STUDENT SPOTLIGHT 🌟

Leader
MYASIJA RIVERA

Myasija Rivera (she/her)

Myasija is a strong leader and advocate for student engagement at West Chester University. She serves as Vice President of First Gen Rams, Secretary of both Future Teachers United and Poesis, and is a Leadership Consultant and Career Ambassador in the Twardowski Career Center. Her academic accomplishments earned her a spot on the Fall 2024 CESW Dean's List, and she also represented her peers as a Student Speaker at WCU's Inaugural Convocation.

Advice to Students: "While I wholeheartedly agree that maintaining a strong GPA is important, my experience here at WCU would be nowhere near as valuable as it has been if I hadn't gotten involved on campus. Being involved doesn't mean just going to an event because your friend made you, but it means showing up and trying new things even if you're afraid of the outcome. Involvement leads you to connection and connection is networking. In the grand scheme of things, networking can get you far. Don't take it lightly when I say to get involved, you never know where you'll end up!"

To contact Myasija, email mr1049440@wcupa.edu

* * *

ASP SPOTLIGHT 🌟

Don't Let Stress Take Over This Semester—Connect with Laura for Wellness Resources🍂

As we approach midterm season, now is a good time to check in with yourself: How are you doing? Are you on track to meet your goals in your classes? Are you taking time to take care of your own well-being?

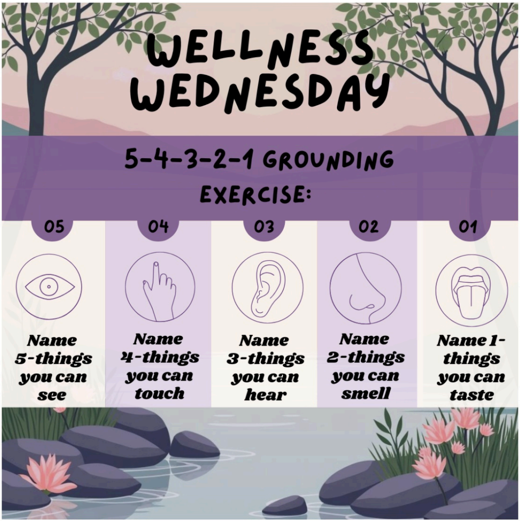
This time in the semester can feel overwhelming with exams, papers, and high demands from classes. There's no better time to reach out if you feel like you need additional support to talk through your stress, find effective strategies for managing this stress, or setting goals for the end of the semester.

🎃Carve out some time for your wellness—book a meeting with Laura!

Laura Stahlman -
Mental Health & Wellness Coach

Wellness Tip from Laura (see image below)

To contact Laura, email LS1023584@wcupa.edu
Office Location: Lawrence Center, Room 222G


WELLNESS WEDNESDAY
5-4-3-2-1 GROUNDING EXERCISE:
05
Name 5-things you can see
04
Name 4-things you can touch
03
Name 3-things you can hear
02
Name 2-things you can smell
01
Name 1-things you can taste

WILL YOU TRY THIS EXERCISE THIS MONTH?

YES 👍

NOT RIGHT NOW

Loading...

DOING IT NOW!

📅 Voting ends in 28 days

👁 Votes are anonymous and results are private

ASP GRAD ASSISTANTS & PEER ASSISTANTS ✨

Need help navigating campus resources, managing your schedule, or just figuring out where to start? Our ASP Graduate Assistants and Peer Assistants are here to support you! Whether you're looking for academic guidance, wellness referrals, or someone to talk through your goals, we're available in the ASP Office Suites located in **Lawrence 231**. Stop by during drop-in hours or schedule a time to connect—we're here to help you succeed.

Grad Assistants: Ronan McDermott (Available Tuesday & Wednesday 9 am - 4 pm) & Ameerah Ensley (Available Monday & Tuesday 8 am - 5 pm)

GA Bookings Link: [ASP Graduate Assistants' Meeting Times]

Peer Assistants: Cass, Erin, Kelsie, and Aniyah

UPCOMING EVENTS

ASP EVENTS

IMPORTANT INFORMATION

October 7th
Power Planner Workshop Series - Location: SECC Lounge rm. 115
Time: 3:30 pm - 4:30 pm

> Take control of your semester with a hands-on planning session designed to help you reset and get back on track.

October 9th
Registration "Donut Stress" Event
Location: Goshen Hall - Main Lounge
Time: 3:30 pm - 5:00 pm

October 16th
Grocery Bingo Event
Location: Goshen

October 21st
Note Taking Strategies with Ronan Event
Location: SECC 115
Time: 3:30 pm - 4:30 pm

October 23rd
Bates Motel Trip (Limited Ticket RSVP ASAP)
Location: Goshen (meet-up point)
Time: 7:00 pm - 9:00 pm

RSVP FOR October Events Here

WCU SEPTEMBER EVENTS 🍂

Check Ramconnect for more events and to RSVP!

SAVE
THE DATE

Time Management + Goal Setting Workshop by WCU Success Coaching
Location: Sykes room 254
Time: Thursday October 2, 2025 @ 1pm
Link: https://cglink.me/2f3/r2268911

Yoga session with Abigail
Location: Rec Center
Time: Monday, October 6, 2025 @11am-12pm
Link- https://cglink.me/2f3/r2267597

Pumpkin Painting by SASA
Location: Sykes 10A
Time: October 6th, 2025 @6pm-8
Link: https://cglink.me/2f3/r2268672

Bingo Night by WCU Food Services Every Monday!
Location: Chickies and Petes
Time: Monday, October 6th, 2025 @7-9pm
Link: https://cglink.me/2f3/r2268093

Dog Therapy by WCU Counseling Center
Location: You have to sign up to see!
Time: Tuesday, October 7th, 2025, @6-7:30pm
Link: https://cglink.me/2f3/r2266209

WCU 2025 Volunteer and Non-profit Fair
Location: Twardowski Carrer development center
Time: Wednesday, October 8th @11am-2pm
Link: https://cglink.me/2f3/r2267244

Dog Therapy
Location: Sign up to see!
Time: Monday October 20th @ 4:30-6pm
Link: https://cglink.me/2f3/r2266210

Returning Student Housing Fair
Location: Sykes Student Union Ballrooms
Time: Monday October 29th @ 12 pm -2 pm
Link: https://cglink.me/2f3/r2266132

Halloweekend Spooktacular Concert
Location: sign up to see
Time: Friday, October 31st and Saturday, November 1st at 12 pm, Sunday, November 2nd at 2 pm
Link: https://cglink.me/2f3/r226844

Schedule a meeting with Dr. McPherson to learn about Chi Alpha Epsilon!

Interested in Being a Peer Assistant? Join our Email List!!

Join Today | Applications Open Spring 26'

📸 Check @ASP_wcupa on Instagram for more 📸

CONTACT US

Address: 231 Lawrence Center

Email: ASP@wcupa.edu

Phone: (610) 436-3274

FOLLOW US ON INSTAGRAM @ASP_wcupa
https://www.instagram.com/asp_wcupa/

ASP_WCUPA

ASP wcupa
ASP is using Smore to create beautiful newsletters